

State Fund's Online Safety UniversitySM

Course Catalog

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Welcome to State Fund’s Online Safety UniversitySM

With more than 300 safety training courses in English and nearly 70 courses in Spanish, training is included for both supervisors and employees on topics such as construction safety, fall prevention, ergonomics, driving safety, human resources, and more.

To help you identify training that meets your needs, we have divided our courses into the following sections. Additionally, any courses with an asterisk (*) next to them are also available in Spanish. To see our entire Spanish course catalog, we have provided the full listing on page 10, as well as our complete catalog in English on page 13.

In each section, “**Recommended Courses**” denote State Fund suggested topics or popular courses.

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CONSTRUCTION & FALL PREVENTION

Recommended Courses:

<p>Accident / Incident Investigation Cal/OSHA* – This course covers investigation process requirements in Title 8 3203 that should be used as part of your IIPP.</p>	20m	<p>Lockout/Tagout Safety Cal/OSHA - This course covers preventing the release of hazardous energy (electrical, kinetic, etc.), and how to comply with related Cal/OSHA standards.</p>	9m
<p>Basic Construction Safety Cal/OSHA – Basic overview of the hazards in construction work, and an overview of associated Cal/OSHA standards.</p>	18m	<p>Preventing Slips, Trips, and Falls Cal/OSHA – This course covers Cal/OSHA standards relating to falls. Slips, trips, and falls are among the leading causes of fatalities at work.</p>	20m
<p>Heat Stress - In California, preventing Heat Illness is extremely important for employees that work both indoors and outdoors. This course reviews how heat affects the body, the steps that employees can take to prevent heat stress, and elementary first aid that can be given to a worker who has been affected by a heat-related illness.</p>	20m	<p>Safe Lifting Strategies – State Fund Ergonomists' Elizabeth Kihm and Sharon Snarr share how important it is to lift safely and provide some great tips to prevent injuries.</p>	20m
<p>Injury and Illness Prevention Programs (IIPP) – Not having an IIPP is the most cited Cal/OSHA standard, and it is a critical element to a healthy safety culture.</p>	18m	<p>State Fund's Scaffold Safety Course - In this course, participants will review Cal/OSHA requirements for scaffolds and learn how to recognize unsafe scaffolds.</p>	40m
<p>Job Hazard Analysis for Supervisors Cal/OSHA – This course covers the appropriate methods and steps for Job Hazard Analyses (JHAs).</p>	18m	<p>State Fund's Fall Prevention Course* - Falls are the leading cause of death in the construction industry. This course covers methods of keeping employees safe from falls.</p>	18m
<p>Ladder Safety Cal/OSHA* – Basic ladder safety, including ladder selection, and safety procedures. This course covers Cal/OSHA Title 8, Subsection 3276(f)</p>	25m		

Additional Courses:

Arc Flash Safety	15m	Electrical Safety*	18m
Avoiding the Crush Zone	9m	Eye and Face Protection	15m
Backhoe Safety with Trackhoe Supplement	20m	Flagger Safety	30m
Behavior-Based Safety for Supervisors Cal/OSHA	20m	Machine Guarding Cal/OSHA	20m
Bulldozer Safety	15m	Safety Data Sheets	45m
Dump Truck Safety	15m	Trenching and Excavation Safety Cal/OSHA	1h
Electrical Safety and the 2021 NFPA 70E for Supervisors	40m	Work Zone Safety	45m
Electrical Safety and the 2021 NFPA 70E for Workers	25m	Working Outdoors in Warm Weather	20m

*Available in Spanish



ERGONOMICS

Recommended Courses:

<p>Back Safety Awareness - How important is back health? Protecting your back can save you time, money, and pain. Learn the basics of back safety in the workplace.</p>	2h	<p>Package Handling for Delivery Drivers – In this short 10-minute microlearning course, delivery drivers can learn about safe package handling.</p>	11m
<p>Back Safety Cal/OSHA – This course covers Cal/OSHA Title 8, section 5110, regarding basics of back safety in the workplace.</p>	20m	<p>Preventing Strains and Sprains – Work puts stress on the body that can cause injuries to muscles and ligaments. This course will help you take steps to reduce your risk.</p>	20m
<p>Lifting and the Delivery Driver – Microlearning (10 min or less) course, which covers principles of safe lifting for parcel delivery drivers.</p>	11m	<p>Safe Lifting Strategies – State Fund Ergonomists' Elizabeth Kihm and Sharon Snarr share how important it is to lift safely and provide some great tips to prevent injuries</p>	20m

Additional Courses:

Back Connection Awareness Training	2h	Ergonomics for Employees Working From Home	32m
Back Connection Back Basics	15m	Laboratory Ergonomics	20m
Back Connection Problem Solving	11m	Office Ergonomics - Adjusting Your Chair	3m
Back Connection Risk Factor Identification	3m	Office Ergonomics - Headsets	1m
Back Connection Talk Back Live Lifting	30m	Office Ergonomics - Lighting	3m
Back Connection Talk Back Live Sitting	2m	Office Ergonomics - Monitor Placement	3m
Back Connection Talk Back Live Standing	30m	Office Ergonomics - Mouse and Keyboard	2m
Back Connection Talk Back Movement	30m	Office Ergonomics - Stretches for Office Workers	5m



HUMAN RESOURCES

Recommended Courses:

<p>Developing a Diversity and Inclusion Program – Covers identification of problematic conditions, share concerns, and find realistic ways to correct deficiencies.</p>	20m	<p>Harassment Prevention for California Supervisors* - Covers identifying and preventing harassing or discriminating behaviors. Compliant with SB 1343 requirements.</p>	2h
<p>Harassment Prevention for California Employees* - Compliant with SB 1343 training requirements. Covers how to identify and avoid harassment in the workplace.</p>	18m	<p>Reasonable Suspicion for Drug and Alcohol Testing: The Role of the Supervisor – this course informs supervisors of their role in a Drug and Alcohol DOT program.</p>	20m

Additional Courses:

8 Tips for Working From Home	5m	Identifying Performance Standards	9m
Analyzing Work Processes	9m	Leading Successful Remote Teams	5m
Anti-Bullying Supervisor Training	9m	Loudermill, Weingarten, and Garrity Rights for Supervisors	15m
Antiracism: Challenging Inequity	20m	Managing Stress in Uncertain Times	30m
C.A.R.E. About Implicit Bias	15m	Managing Unionized Employees	20m
Challenge Organizational Bias	9m	Mandated Reporters of Child Abuse and Neglect for California Employees	20m
Cultural Competence	15m	Public Employment Law Fundamentals	20m
Dealing with Aggressive Behavior	9m	Records Retention	9m
Dealing with Conflict	9m	RISE Up Against Workplace Bullying	45m
Defining Useful Workplace Feedback	15m	Stress Management at Work and Elsewhere	20m
Determining Your Problem-Solving Style	20m	The Drug-Free Workplace Act for Supervisors	40m
Diversity in the Workplace: Diversity for All	15m	The Family and Medical Leave Act: Eligible Employees	9m
EEO Laws: An Introduction	9m	The Family and Medical Leave Act: Overview	9m
EEO Laws: Supervisor Responsibilities	9m	The FMLA: Qualifying Reasons	25m
Effective Writing for Business	15m	The FMLA: Supervisor Responsibilities	20m
Emergency Leave Under the FFCRA	9m	The Remote Manager: Employee Engagement	25m
Employer Responsibilities for Domestic Abuse	25m	The Responsibilities of a Manager	9m
Ethical Decision Making in the Workplace	20m	The Role of the Supervisor	9m
Evaluating Your Workplace Behavior	9m	Title I of ADA for Higher Ed: Interactive Process	15m
FLSA and Minimum Wage Rules	25m	Title I of ADA: Interactive Process	15m
FLSA: Employee Classification & Overtime Rules	9m	Title I of ADA: Reasonable Accommodation	15m
FLSA: Record Keeping Rules	30m	Title I of ADA: Supervisor Responsibilities	9m
How Work Teams React to Change	9m	Understanding and Preventing Micro-aggressions	18m

*Available in Spanish



Understanding Team Building	9m	Wage and Hour Concerns During an Emergency	30m
USERRA Rights & Supervisor Responsibilities	15m	Workplace Violence*	20m



GENERAL WORKPLACE SAFETY

Courses:

Accident Incident Investigation Cal/OSHA*	20m	General Safety Boost: Ergonomics	5m
Active Shooter: In the Workplace	15m	General Safety Boost: Fire Safety	5m
Aquatic Safety	20m	General Safety Boost: First Aid	5m
Avoiding Animal Bites	15m	General Safety Boost: Hazard Communication	5m
Basic Industrial Safety Cal/OSHA	20m	General Safety Boost: Skin Protection	5m
Behavior-Based Safety for Supervisors Cal/OSHA	20m	General Safety Boost: Trip Hazards	5m
Emergency Communication in the Workplace	25m	Heat Illness Prevention Training	18m
Emergency Prep & Response: Earthquakes	9m	Job Hazard Analysis Cal\OSHA	18m
Emergency Prep & Response: Floods	9m	Job Hazard Analysis for Supervisors Cal/OSHA*	18m
Emergency Prep & Response: Hurricanes	9m	Lockout/Tagout Safety Cal/OSHA	9m
Emergency Prep & Response: Terrorism	9m	Machine Guarding Cal/OSHA	20m
Emergency Prep & Response: Tornadoes	9m	New Employee Safety Orientation	18m
Emergency Prep & Response: Wildfires	9m	Office Safety	20m
Emergency Prep & Response: Winter Storms	9m	Personal Protective Equipment (PPE)	18m
Emergency Response in the Workplace	45m	Playground Supervision	30m
Employee Safety Awareness	15m	PPE: Eye & Face Protection Cal/OSHA	30m
Eye and Face Protection	15m	PPE: Foot Protection Cal/OSHA	30m
Fentanyl Exposure Safety	15m	PPE: Hand Protection Cal/OSHA	9m
Fire and Explosion Hazards Cal/OSHA	30m	PPE: Head Protection Cal/OSHA	9m
Fire Extinguishers: Putting Out the Fire	15m	PPE: Noise Exposure and Hearing Conservation Cal/OSHA	9m
Fire Prevention Cal/OSHA	15m	Practicing Hand Hygiene: Child Care Providers	9m
Forklift Safety*	18m	Practicing Hand Hygiene: Food Service	9m
Forming and Operating Safety Committees Cal/OSHA	1h	Practicing Hand Hygiene: Medical Professionals	9m
General Safety Boost: Active Shooter	5m	Preventing Slips, Trips, and Falls Cal/OSHA	20m
General Safety Boost: Back Safety	5m	Remote Worker: Safety, Health and Security*	25m
General Safety Boost: Bloodborne Pathogens	5m	Safety Awareness 101 for New Employees	40m
General Safety Boost: Emergency Preparedness	5m	Safety Leadership: An Essential Safety Element	20m



Shelter Protocol: Operating & Closing a Shelter	40m	Whole Health: Am I Getting the Right Nutrition?	1.5h
Shelter Protocol: Preparing to Open a Shelter	30m	Whole Health: Maintain a Strong & Healthy Back	6m
Trenching and Excavation Safety Cal/OSHA	1h	Whole Health: Preventive Care	5m
Warehouse Safety*	25m	Whole Health: Techniques to Manage Stress	5m
Whole Health: A Well-Rounded Exercise Routine	6m	Workplace Safety - Active Shooter	45m

*Available in Spanish



DRIVER SAFETY

Recommended Courses:

<p>Tailgate Topics – Avoiding Accidents – This microlearning course provides tactics to avoid accidents on the roadway.</p>	30m	<p>Tailgate Topics – Hang Up and Drive: Cell Phones + Driving – this short microlearning course helps drivers understand the dangers of cell phone use while driving.</p>	30m
<p>Tailgate Topics – Distracted Driving: Drop it & Drive * - In this short microlearning course, drivers learn about the dangers of not giving full attention when driving a vehicle.</p>	30m	<p>Tailgate Topics – Intersections - this microlearning covers the basics on safely entering and exiting intersections, and what to watch out for.</p>	30m
<p>Tailgate Topics – Driving Defensively – This short 10 min microlearning course helps drivers understand important techniques for defensive driving.</p>	30m	<p>Tailgate Topics – Look Back: Mirror, Mirror on the Car - this microlearning course (less than 10 min) helps drivers understand how to back safely in their vehicle.</p>	30m
<p>Tailgate Topics – Drowsy Driving – Driving while drowsy is extremely dangerous. In this microlearning course, drivers learn techniques to prevent falling asleep at the wheel.</p>	30m	<p>Tailgate Topics – Safe Following – Tailgating is a leading cause of rear-end collisions. This microlearning course helps drivers learn techniques to prevent these types of collisions.</p>	30m
<p>Tailgate Topics – Emotional Driving – In this microlearning course, drivers learn about the dangers associated with driving when emotions are high.</p>	30m	<p>Tailgate Topics – Winter Driving – Driving in bad weather is sometimes unavoidable. This short microlearning course helps drivers understand the hazards and provides techniques to avoid them.</p>	30m

Additional Courses:

Aggressive Driving and Road Rage	15m	Light Trucks: Backing Safety	30m
Avoiding Collisions While Backing & Parking	9m	Light Trucks: Trailering	15m
Backhoe Safety with Trackhoe Supplement	20m	Managing Speed	9m
Bulldozer Safety	15m	Road Grader Safety	15m
Driving Around Animals	9m	Safely Entering and Exiting with 3 Points of Contact	5m
Driving While Impaired	9m	Snow Plow Safety	15m
Driving with Distractions	9m	Space and Time Management	9m
Dump Truck Safety	15m	Street Sweeper Safety	15m
Hazard Recognition*	15m	Trip and Transportation Safety	30m
Intersections: Turning & Right of Way	9m	Turning Hazards	30m
Lane Use	25m	Vehicle Care and Maintenance	30m
Light Trucks: Avoiding Collisions	30m	Winter Driving Safety	18m

*Available in Spanish

Análisis de riesgos laborales para supervisores Cal/OSHA - Job Hazard Analysis for Supervisors (Cal/OSHA)	18m	Entrada a espacios cerrados - Confined Space Entry	27m
Bloqueo y etiquetado de alto impacto - Lockout/Tagout	21m	Factores de caída: comprender y prevenir resbalones, tropiezos y caídas - Understanding and Preventing Slips, Trips, and Falls	21m
Como Controlar Los Vicios de Drogas y Alcohol& Para Empleados - Dealing with Drug and Alcohol Abuse (for Employees)	19m	Formación en concienciación general sobre el plan de prevención de contaminación de aguas pluviales - Stormwater Pollution Prevention Plan General Awareness Training	13m
Comprender el plan de prevención de contaminación de aguas pluviales de tus instalaciones - Understanding Your Facility's Stormwater Pollution Prevention Plan	23m	Formación para empleados sobre sulfuro de hidrógeno - Hydrogen Sulfide Employee Training	2hr
Comprender y prevenir enfermedades relacionadas con el calor - Understanding and Preventing Heat Related Illnesses	17m	HazCom y el Sistema de Armonización Global - HazCom and the GHS	23m
Concienciación General sobre Materiales Peligrosos del DOT - DOT HAZMAT: General Awareness	15m	HazCom, GHS y tú - HazCom, the GHS, and You	3m
Concientización de seguridad de los empleados - Employee Safety Awareness	20m	Investigación de accidentes - Accident Investigations	13m
Conducción distraída - Distracted Driving	17m	Investigación de accidentes/incidentes Cal/OSHA - Accident Investigation (Cal/OSHA)	20m
Correcta limpieza: responsabilidad de todos - Good Housekeeping: Everyone's Responsibility	2h	Muévelo con seguridad: evitar lesiones al desplazar materiales, breve - Move It Safely: Avoiding Injury While Moving Materials, Concise	30m
Curso de prevención de caídas de State Fund - State Fund's Fall Prevention Course	18m	Orientación completa de Bob sobre seguridad en la construcción - Construction Safety	24m
Directo al grano: entrada a espacios cerrados - To the Point About Confined Space Entry	2m	Patógenos de transmisión sanguínea en instalaciones comerciales e industriales - Bloodborne Pathogens in Commercial and Industrial Facilities	15m
DOT HAZMAT: información general - DOT HAZMAT: General Awareness	15m	PowerLift: ¡formación de elevación que funciona! - PowerLift: Lifting Training That Works!	15m

PPE: tu última capa de protección - PPE: Your Last Layer of Protection	15m	Proteger nuestra visión - Protecting Our Sight	19m
Prácticas de trabajo eléctrico seguro y NFPA 70E® 2015 - Safe Electrical Work Practices and 2015 NFPA 70E®	26m	Reconocimiento de riesgos - Hazard Recognition	17m
Preparación y respuesta ante emergencias - Emergency Preparedness and Response	23m	Salud de la espalda - Back Safety	15m
Prevención del acoso para empleados de California - Harassment Prevention for California Employees	18m	Seguridad antiincendios para trabajadores de oficina - Fire Safety for Office Workers	16m
Prevención del acoso para los supervisores de California	2h	Seguridad antiincendios para trabajadores industriales - Fire Safety for Industrial Workers	19m
Prevenir incendios en trabajos en caliente - Fire Prevention	16m	Seguridad basada en el comportamiento para supervisores - Behavior-based Safety for Supervisors	20m
Primeros Auxilios - First Aid	16m	Seguridad básica en la construcción - Basic Construction Safety	18m
Principios de Seguridad Básicos - Basic Safety Principles	26m	Seguridad de grúas - Crane Safety	19m
Programa de prevención de lesiones y enfermedades Su hoja de ruta hacia la seguridad - Injury and Illness Prevention Program Your Roadmap to Safety	18m	Seguridad de los Andamios - Scaffold Safety	40m
Protección Contra Caídas - Fall Protection	2m	Seguridad eléctrica - Electrical Safety	2h
Protección contra caídas Cal/OSHA - Fall Protection Cal/OSHA	20m	Seguridad eléctrica para todos - Electrical Safety for Everyone	21m
Protección de máquinas y seguridad del operario - Machine Operation Safety	2h	Seguridad eléctrica para trabajadores cualificados - Electrical Safety for Qualified Workers	15m

Seguridad en el uso de escaleras de la Cal/OSHA - Ladder Safety Cal/OSHA	25m	Sobrevivir a la caída: uso correcto de tu sistema anticaídas personal - Surviving the Fall: Proper Use of Your Personal Fall Arrest System	21m
Seguridad en la conducción – Driving Safety	16m	Soldar en condiciones de seguridad - Creating Safety in Welding Operations	19m
Seguridad en plataformas de trabajo aéreas - Operating Aerial Work Platforms Safely	2h	Teléfonos móviles en el trabajo: una peligrosa distracción - Cell Phones in the Workplace: A Dangerous Distraction	3m
Seguridad ocular - Eye Safety	9m	Tirador: sobrevivir a un ataque - Active Shooter: Surviving an Attack	16m
Seguridad para el operario de carretillas elevadoras - Forklift Operator Safety	9m	Tiradores y violencia en el lugar de trabajo - Active Shooter and Workplace Violence	30m
Seguridad peatonal en entornos con carretillas elevadoras - Forklift Safety	9m	Tomar decisiones seguras: sobreponerse a la naturaleza humana - Safety Decision-Making: Overcoming Human Nature	19m
Seguridad que funciona: resumen de seguridad laboral y responsabilidades - Making Safety Work: Overview of Workplace Safety and Responsibilities	21m	Tómate un tiempo por tu seguridad - Take Time for Your Safety	16m
Sobrevive: seguridad del empleado en espacios cerrados - Employee Safety in Enclosed Spaces	15m	Tratar con el abuso del alcohol y las drogas (para gerentes y supervisores) - Dealing with Alcohol and Drug Abuse (For Managers and Supervisors)	15m
Sobrevive: seguridad del empleado en espacios cerrados, breve - Survive Inside: Employee Safety in Confined Spaces, Concise	11m	Volver al trabajo, volver a la seguridad: recuperar hábitos de seguridad tras pasar tiempo fuera del trabajo - Back to Work, Back to Safety: Regaining Safety Habits After Time Away From Work	15m



ONLINE SAFETY UNIVERSITYSM

COMPLETE CATALOG

8 Tips for Working From Home	5m	Back Safety Awareness	2h
A COVID-19 Response: Returning to Work	30m	Back Safety Cal/OSHA	20m
Accident Incident Investigation Cal/OSHA*	20m	Backhoe Safety with Trackhoe Supplement	20m
Active Shooter: In the Workplace	15m	Basic Construction Safety Cal/OSHA	18m
Aggressive Driving and Road Rage	15m	Basic Industrial Safety Cal/OSHA	20m
Analyzing Work Processes	9m	Bias in Interviewing	20m
Anti-Bullying Supervisor Training	9m	Behavior-Based Safety for Supervisors Cal/OSHA	20m
Antiracism: Challenging Inequity	20m	Bulldozer Safety	15m
Aquatic Safety	20m	C.A.R.E. About Implicit Bias	15m
Arc Flash Safety	15m	Challenge Organizational Bias	9m
Avoiding Animal Bites	15m	Coaching to Build Skills	15m
Avoiding Collisions While Backing & Parking	9m	Coaching to Develop Motivation	15m
Avoiding the Crush Zone	9m	Conveying Information	15m
Back Connection Awareness Training	2h	Courageous Conversations	18m
Back Connection Back Basics	15m	COVID-19: A Pandemic Response	30m
Back Connection Problem Solving	11m	Cultural Competence	15m
Back Connection Risk Factor Identification	3m	Dealing with Aggressive Behavior	9m
Back Connection Talk Back Live Lifting	30m	Dealing with Bad Behavior	9m
Back Connection Talk Back Live Sitting	2m	Dealing with Conflict	9m
Back Connection Talk Back Live Standing	30m	Defining Useful Workplace Feedback	15m
Back Connection Talk Back Movement	30m	Determining Your Problem-Solving Style	20m

*Available in Spanish



Developing a Diversity and Inclusion Program	20m	Emergency Response in the Workplace	45m
Digital Literacy: Basic Technical Fluency for Employees	9m	Employee Safety Awareness*	15m
Diversity in the Workplace: Diversity for All	15m	Employer Responsibilities for Domestic Abuse	25m
Driving Around Animals	9m	Ergonomics for Employees Working From Home	32m
Driving While Impaired	9m	Ethical Decision Making in the Workplace	20m
Driving with Distractions	9m	Evaluating Your Workplace Behavior	9m
Dump Truck Safety	15m	Eye and Face Protection	15m
EEO Laws: An Introduction	9m	Fall Prevention Interactive Workshop	4h
EEO Laws: Supervisor Responsibilities	9m	Fentanyl Exposure Safety	15m
Effective Writing for Business	15m	Fire and Explosion Hazards Cal/OSHA	30m
Electrical Safety and the 2021 NFPA 70E for Supervisors	40m	Fire Extinguishers: Putting Out the Fire	15m
Electrical Safety and the 2021 NFPA 70E for Workers	25m	Fire Prevention Cal/OSHA	15m
Electrical Safety*	18m	Flagger Safety	30m
Emergency Communication in the Workplace	45m	FLSA and Minimum Wage Rules	25m
Emergency Leave Under the FFCRA	9m	FLSA: Employee Classification & Overtime Rules	9m
Emergency Prep & Response: Earthquakes	9m	FLSA: Record Keeping Rules	30m
Emergency Prep & Response: Floods	9m	Focusing on the Customer	20m
Emergency Prep & Response: Hurricanes	9m	Forklift Safety*	18m
Emergency Prep & Response: Terrorism	9m	Forming and Operating Safety Committees Cal/OSHA	1h
Emergency Prep & Response: Tornadoes	9m	General Safety Boost Episode 1: Ergonomics	5m
Emergency Prep & Response: Wildfires	9m	General Safety Boost Episode 10: Skin Protection	5m
Emergency Prep & Response: Winter Storms	9m	General Safety Boost Episode 11: First Aid	5m

*Available in Spanish



General Safety Boost Episode 12: Active Shooter	5m	Identifying the Characteristics of Change	9m
General Safety Boost Episode 2: Back Safety	5m	Implementing Process Improvements	9m
General Safety Boost Episode 3: Trip Hazards	5m	Indoor Crane and Sling Safety Cal/OSHA	1h
General Safety Boost Episode 4: Emergency Preparedness	5m	Injury and Illness Prevention Programs (IIPP)s Your Roadmap to Safety*	18m
General Safety Boost Episode 5: Fire Safety	5m	Intersections: Turning & Right of Way	9m
General Safety Boost Episode 6: Hazard Communication	5m	Introducing Personal Power	9m
General Safety Boost Episode 7: Slip Hazards	5m	Introduction to Contact Tracing	6m
General Safety Boost Episode 8: Drug-Free Workplace	5m	Job Hazard Analysis Cal/OSHA	18m
General Safety Boost Episode 9: Bloodborne Pathogens	5m	Job Hazard Analysis for Supervisors Cal/OSHAs	18m
Giving Feedback	20m	Laboratory Ergonomics	20m
Harassment Prevention for California Employees*	18m	Ladder Safety	25m
Harassment Prevention for California Supervisors*	2h	Ladder Safety Cal/OSHA*	25m
Harassment Prevention for Employees	18m	Lane Use	25m
Harassment Prevention for Employees: Condensed	20m	Leading Successful Remote Teams	5m
Harassment Prevention for Supervisors: Condensed	20m	Lifting and the Delivery Driver	11m
Hazard Recognition*	15m	Light Trucks: Avoiding Collisions	30m
Heat Illness Prevention Training: What Employers Need to Know	18m	Light Trucks: Backing Safety	30m
Heat Stress*	20m	Light Trucks: Driving Hazards	30m
Hot Work Safety & The Permitting Process*	20m	Light Trucks: Trailering	15m
How Work Teams React to Change	9m	Listening Skills	15m
Identifying Performance Standards	9m	Loudermill, Weingarten, and Garrity Rights for Supervisors	15m
Identifying Strategies for Making Change Work	9m	Machine Guarding Cal/OSHA	20m

*Available in Spanish



Managing Speed	9m	Practicing Hand Hygiene	9m
Managing Stress in Uncertain Times	30m	Practicing Hand Hygiene: Child Care Providers	9m
Managing Unionized Employees	20m	Practicing Hand Hygiene: Food Service Professionals	9m
Mandated Reporters of Child Abuse and Neglect for California Employees	20m	Practicing Hand Hygiene: Medical Professionals	9m
New Employee Safety Orientation	18m	Preventing Electric Shock*	35m
Occupational Disease Prevention for Firefighters	15m	Preventing Slips, Trips, and Falls Cal/OSHA	20m
Office Ergonomics - Adjusting Your Chair	3m	Preventing Slips, Trips, and Falls for Firefighters	45m
Office Ergonomics - Headsets	1m	Public Employment Law Fundamentals	20m
Office Ergonomics - Lighting	3m	Public Records Requests	9m
Office Ergonomics - Monitor Placement	3m	Reasonable Suspicion for Drug and Alcohol Testing: Signs and Symptoms of Alcohol Misuse	18m
Office Ergonomics - Mouse and Keyboard	2m	Reasonable Suspicion for Drug and Alcohol Testing: Signs and Symptoms of Drug Use	18m
Office Ergonomics - Stretches for Office Workers	5m	Reasonable Suspicion for Drug and Alcohol Testing: The Role of the Supervisor	20m
Office Safety	20m	Receiving Feedback	9m
Package Handling for Delivery Drivers	11m	Records Retention	9m
Personal Protective Equipment (PPE)	18m	Remote Worker: Safety, Health and Security*	25m
PPE: Eye & Face Protection Cal/OSHA	30m	RISE Up Against Workplace Bullying	45m
PPE: Foot Protection Cal/OSHA	30m	Road Grader Safety	15m
PPE: Hand Protection Cal/OSHA	9m	Safe Lifting Strategies	20m
PPE: Head Protection Cal/OSHA	9m	Safely Entering and Exiting with 3 Points of Contact	5m
PPE: Noise Exposure and Hearing Conservation Cal/OSHA	9m	Safety Awareness 101 for New Employees	40m
Playground Safety	20m	Safety Data Sheets	45m
Playground Supervision	30m	Safety Leadership: An Essential Safety Element	20m

*Available in Spanish

Setting Overall Goals	9m	The Family and Medical Leave Act: Eligible Employees	9m
Shelter Protocol: Operating & Closing a Shelter	40m	The Family and Medical Leave Act: Overview	9m
Shelter Protocol: Preparing to Open a Shelter	30m	The Family and Medical Leave Act: Qualifying Reasons	25m
Snow Plow Safety	15m	The Family and Medical Leave Act: Supervisor Responsibilities	20m
Space and Time Management	9m	The Professional Lifeguard	20m
State Fund's Fall Prevention Course*	18m	The Remote Manager: Employee Engagement	25m
State Fund's Scaffold Safety Course	40m	The Responsibilities of a Manager	9m
Street Sweeper Safety	15m	The Role of the Supervisor	9m
Stress Management at Work and Elsewhere	20m	Title I of ADA for Higher Ed: Interactive Process	15m
		Title I of ADA: Interactive Process	15m
Tailgate Topics - Avoiding Accidents	30m	Title I of ADA: Reasonable Accommodation	15m
Tailgate Topics - Distracted Driving: Drop it & Drive	30m	Title I of ADA: Supervisor Responsibilities	9m
Tailgate Topics - Driving Defensively	30m	Trenching and Excavation Safety Cal/OSHA	1h
Tailgate Topics - Drowsy Driving	30m	Trip and Transportation Safety	30m
Tailgate Topics - Emotional Driving	30m	Turning Hazards	30m
Tailgate Topics - Hang Up and Drive: Cell Phones +Driving	30m	Understanding and Preventing Microaggressions	18m
Tailgate Topics – Intersections	30m	Understanding Skills	15m
Tailgate Topics - Look Back: Mirror, Mirror on the Car	30m	Understanding Team Building	9m
Tailgate Topics - Safe Following	30m	Updating Your Workplace Response to COVID-19	9m
Tailgate Topics - Winter Driving	30m	USERRA Rights & Supervisor Responsibilities	15m
The Drug-Free Workplace Act for Employees	40m	Vehicle Care and Maintenance	30m
The Drug-Free Workplace Act for Supervisors	40m	Wage and Hour Concerns During an Emergency	30m



Warehouse Safety*	25m	Whole Health: Self-Awareness About Drinking	5m
Whole Health: A Well-Rounded Exercise Routine	6m	Whole Health: Techniques to Manage Stress	5m
Whole Health: Am I at Risk for Diabetes?	5m	Whole Health: The 3 Biggest Myths About Smoking	5m
Whole Health: Am I Getting the Right Nutrition?	1.5hr	Winter Driving Safety	18m
Whole Health: Brain Health	5m	Work Zone Safety	45m
Whole Health: Dental Care	5m	Working Outdoors in Warm Weather	20m
Whole Health: Good Sleep Habits	6m	Workplace Allergies & Sensitivities for Employees	15m
Whole Health: Maintain a Strong & Healthy Back	6m	Workplace Safety - Active Shooter	45m
Whole Health: Preventive Care	5m	Workplace Violence*	20m

*Available in Spanish

The above evaluations and/or recommendations are for general guidance only and should not be relied upon for medical advice or legal compliance purposes. They are based solely on the information provided to us and relate only to those conditions specifically discussed. We do not make any warranty, expressed or implied, that your workplace is safe or healthful or that it complies with all laws, regulations or standards.

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