

# PATIENT HANDLING



To avoid manual lifting, use assistive devices whenever possible.

Use two people for lifting to reduce strain and overexertion.



To assist in standing or transfers, bring weight of the patient forward in the chair.

For patients with one-sided weakness, transfer them towards their stronger side.



Before assisting the patient to slide up in bed, lay both the bed and the patient flat.

Get close to the patient when helping them roll onto their side.

